

1<sup>st</sup> Annual



5k Road Race  
1 Mile Walk  
Kids Fun Run

**All entry forms must include payment and signed waiver. Make checks payable to Epping Lighthouse Ministries. Return completed entry form and check to:  
The Porch  
PO Box 273  
Epping, NH 03042**

**\*Online registration is also available at [www.eppinglighthouse.org](http://www.eppinglighthouse.org)**

**\*Donations accepted**

**Registration and number pick up begins at 7:45am.**

**Please print neatly and fill out completely (entries without age and gender will not be eligible for age group awards)**

**Name \_\_\_\_\_ Address \_\_\_\_\_**

**Phone \_\_\_\_\_ Gender \_\_\_\_\_ 1 Mile Walk \_\_\_\_\_ 5k Run \_\_\_\_\_**

**T-Shirt Size \_\_S\_\_ \_\_M\_\_ \_\_L\_\_ \_\_XL\_\_ \_\_XXL\_\_**

**Kids Fun Run**

**Child's Name \_\_\_\_\_ Address \_\_\_\_\_**

**Gender \_\_\_\_\_ Age \_\_\_\_\_**

**Signature \_\_\_\_\_**

**(Parent signature if under 18)**

Release and Waiver: I assume all risks associated with running and walking this event. In consideration of your accepting this entry, I hereby for myself and my heirs, waive and release all rights and claims for damages I may have against The Porch, the town of Epping, the Epping School District, any sponsors, all race officials and volunteers, and any other individuals or organizations associated with this event for any death, personal injury, or property damage from or in the course of my participation in this event.